

Инструкция

Гакк-машина - жим ногами под углом 45 Body-Solid GLPH2100

Полезные ссылки:

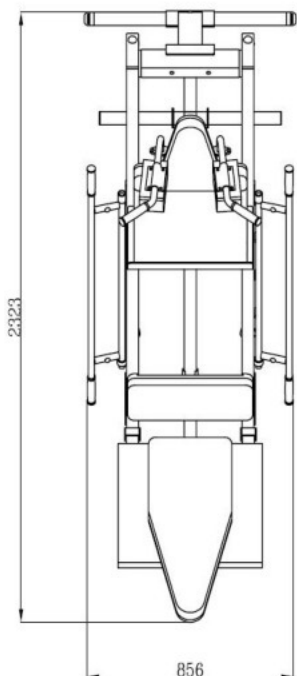
[Гакк-машина - жим ногами под углом 45 Body-Solid GLPH2100 - смотреть на сайте](#)

GLPH-2100

Pro Club line professional leg press



LPH-2100



Body-Solid engineers knew that the best way to build an explosive lower body, and stay that way, would be to make your workouts incredibly Powerful... Comfortable... and Safe. As you work your quads, glutes, and calves, the engineered smoothness of the Leg Press / Hack Squat Machine spares your bones and joints.

- * Three lockout positions are under the user's control throughout the exercises and provide user safety and the option of different start / stop positions.
- * Quad track roller system operates smoothly and distributes weight evenly.
- * Both back pads utilize a quick flip-and-lock mechanism.
- * Extra-heavy gauge Diamond Plate foot platforms for both Leg Press and Hack Squat positions.
- * Easy-access under-carriage plate load system.
- * Extra heavy-duty 2"x 4" 11-gauge steel mainframe minimizes torsional flex for maximum strength and stability.
- * Ultra-tough, double-stitched DuraFirm!
- * Back and Shoulder pads are 4" thick and contoured for maximum support of the lower back and shoulder areas.
- * Three lockout positions for user safety and convenience.
- * Capacity of 1,000 lbs.
- * Ideal for home and commercial use.