

Инструкция

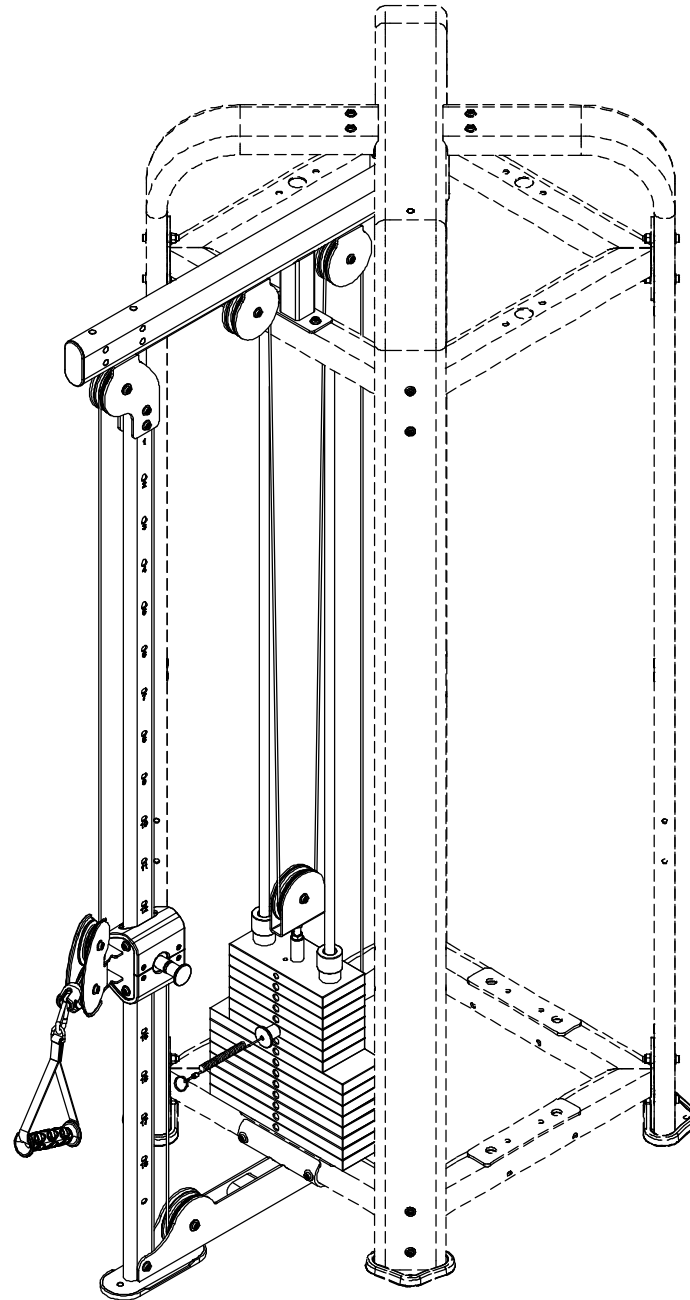
Одиночный блок Protrain MJ-AP-103 (опция для MJ-T)

Полезные ссылки:

[Одиночный блок Protrain MJ-AP-103 \(опция для MJ-T\) - смотреть на сайте](#)

[Одиночный блок Protrain MJ-AP-103 \(опция для MJ-T\) - читать отзывы](#)

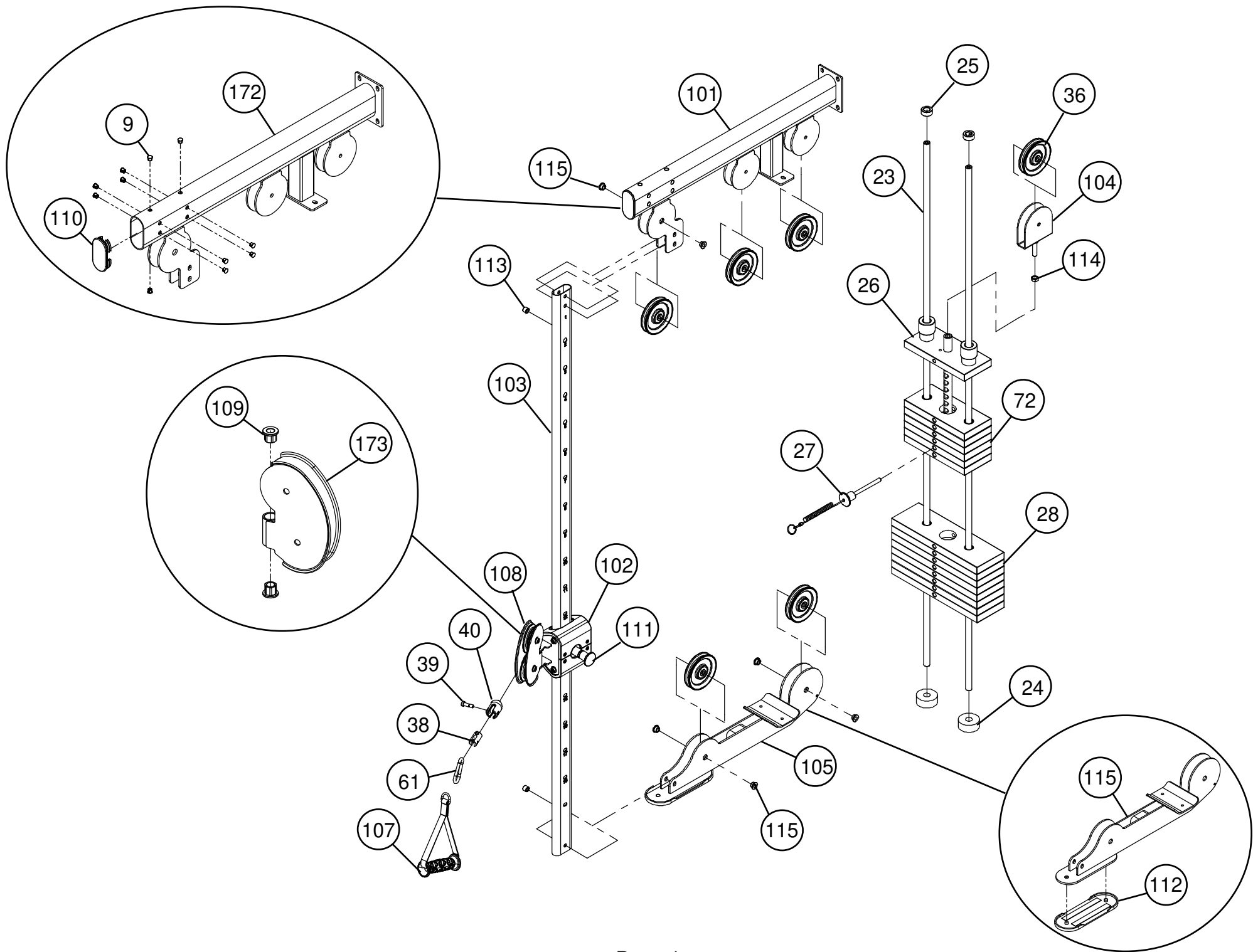
MJ-AP MJ4 Adjustable Pulley

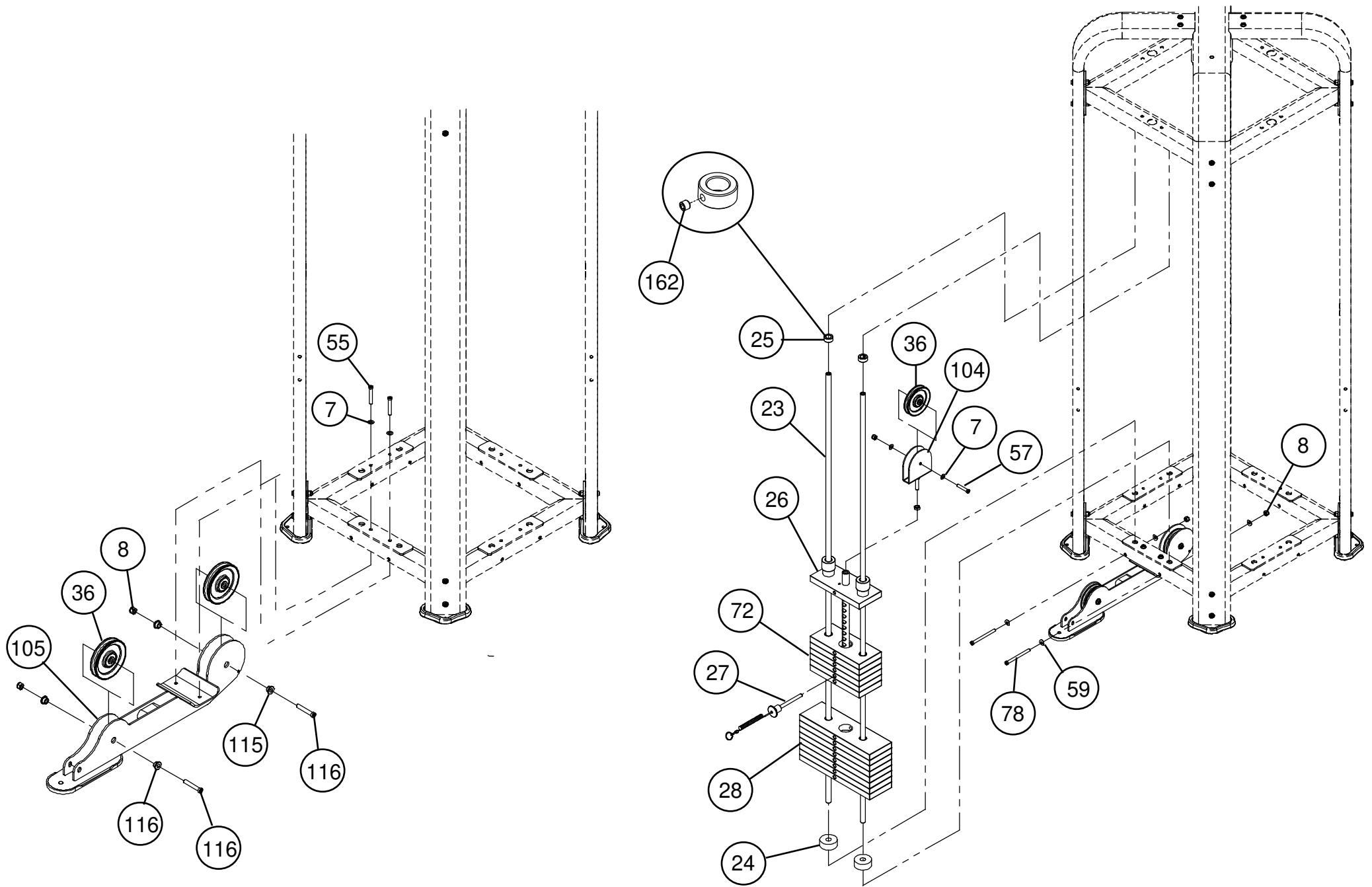


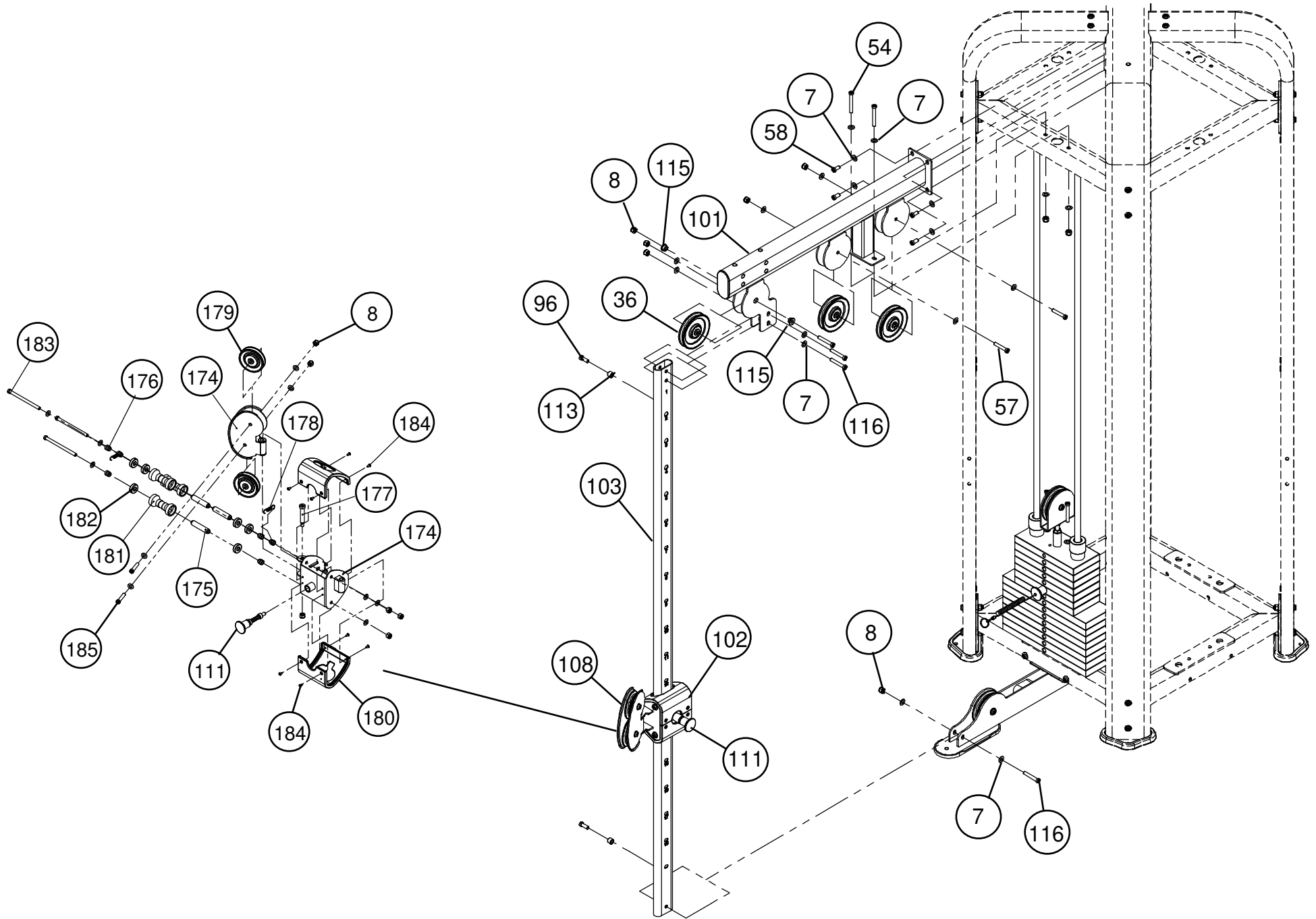
PARTS LIST

ITEM	Qty	Part No.	Description
7	10	DC120010510U	3/8" Flat Washer
8	6	DB2E03811000U	Lock Nut 3/8" x 1 1/2"
9	2	P06-2270	Plastic Plug
23	2	P01-5184	Guide Rod
24	8	P06-0034	Weight Stack Cushion
25	8	A05-0212	Guide Rod Collar
26	4	P20-4282	Head Plate Assembly
27	4	P11-0210	Weight Selector Pin
28	2	KN000329	15lb Weight Plate
36	2	P06-0035	4 1/2" Pulley
38	2	P05-1010	U Bracket
39	2	P05-1015	Shoulder Bolt
40	2	P06-2262	Cable Plastic Housing
54	6	DABE03823416NAU	Cap Head Screw 3/8" x 2 3/4"L
55	10	DABE03821216YAU	Cap Head Screw 3/8" x 2 1/2"L with blue patch
57	6	DABE03820016NAU	Cap Head Screw 3/8" x 2 "L
58	16	DABE03803416YBU	Cap Head Screw 3/8" x 3/4 "L with blue patch
59	28	DC322010015U	Curved Washer
61	1	DI1080080U	Snap Hook
72	2	KN000334	10lb Weight Plate, 3pcs / box
78	2	DABE03841216NAU	Cap Head Screw 3/8" x 4 1/2"L
96	2	DABE03810016YU	Cap Head Screw 3/8" x 1"mmL with blue patch
101	1	P20-4277	AP Top Beam
102	1	P20-4279	Adjustable Pulley Assembly
103	1	P01-5210	AP Upright
104	1	P04-3849	Pulley Housing
105	1	P20-4278	AP Base Assembly
106	1	P13-0461	AP Cable
107	1	P12-0219	Handle Strap
108	1	P20-3203	AP Swivel Pulley
109	2	P08-0061	Step Spacer
110	1	A06-0530	End Cap
111	1	P11-0189	Adjustment Pin
112	1	P06-2834	Foot Pad
113	2	P03-2019	Barrel Spacer
114	1	P05-0036	Jam Nut
115	6	P08-0165	Step Spacer
116	6	DABE03821416NBU	Cap Head SCREW 3/8" x 2 1/4"L

ITEM	Qty	Part No.	Description
171	1	P04-3847	AP Base Weldment
172	1	P04-3848	AP Top Beam Weldment
173	1	P04-3003	AP Swivel Pulley Weldment
174	1	P04-3001	Adjustable Pulley Weldment
175	3	P03-2084	Sleeve
176	6	P05-1024	Roller
177	1	P05-1025	Shoulder Bolt
178	2	P05-1030	Pull Spring
179	2	P06-0051	3 1/2" Pulley
180	2	P06-2303	Rubber Cover
181	3	P06-2304	Roller
182	6	DH000006201	Ball Bearing
183	3	DABE03851216NBU	Cap Head Screw 3/8" x 5 1/2"L
184	8	DA8E01000932YU	Button Phillip Head Screw #10 x 9mmL
185	xx	DABE03813416NU	Cap Head Screw 3/8" x 1 3/4"L







#106 AP Cable P13-0461

