

Инструкция

Скамья для жима Realleader FW-1001

Полезные ссылки:

[Скамья для жима Realleader FW-1001 - смотреть на сайте](#)

Скамья для жима Realleader FW-1001

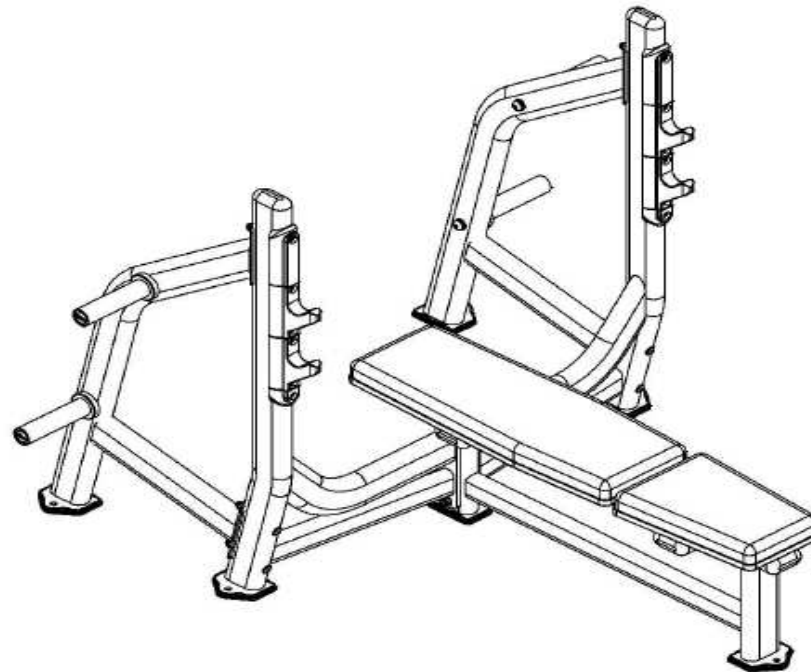
Инструкция по сборке

FW-1001

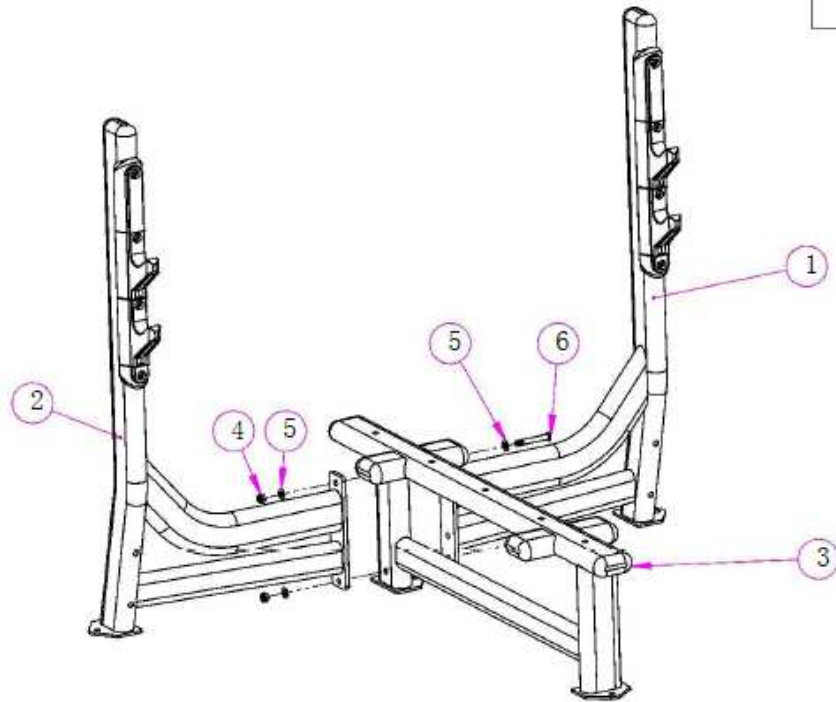
OLYMPIC FLAT BENCH

INSTALLATION

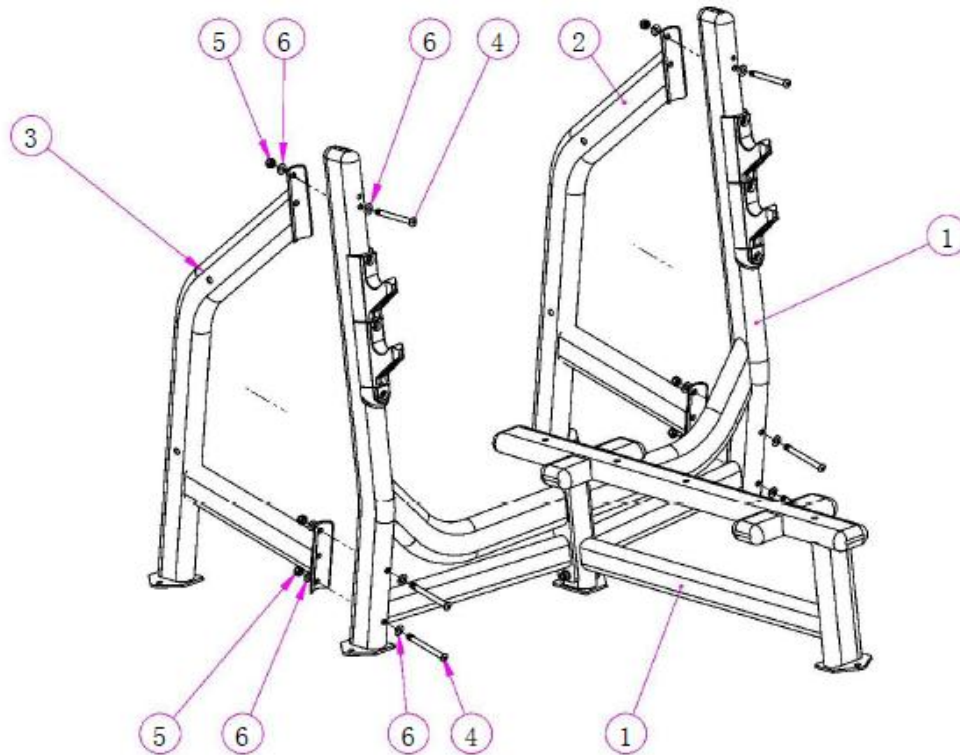
INSTRUCTION

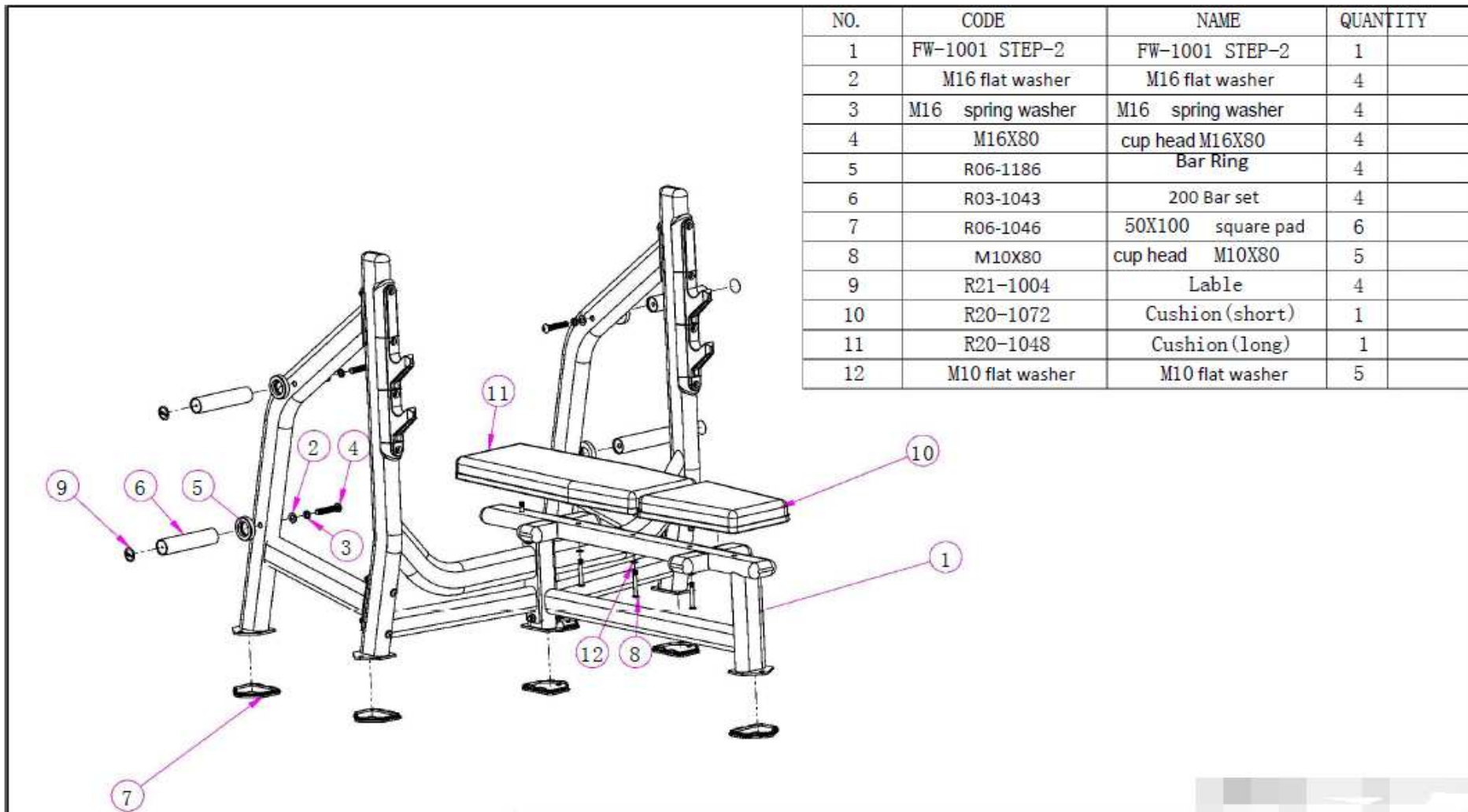


NO.	CODE	NAME	QUANTITY
1	R04-8287	STAND (RIGHT)	1
2	R04-8288	STAND (LEFT)	1
3	R04-8290	SEAT FRAME	1
4	M12 anti-loose nut	M12 anti-loose nut	2
5	M12 flat washer	M12 flat washer	4
6	M12X85	cup head M12X85	2



NO.	CODE	NAME	QUANTITY
1	FW-1001 STEP-1	FW-1001STEP-1	1
2	R04-6034	Sub-frame (left)	1
3	R04-8291	Sub-frame (right)	1
4	M12X125	cup head M12X125	6
5	M12 anti-loose nut	M12 anti-loose nut	6
6	M12 flat washer	M12 flat washer	12





NO.	CODE	NAME	QUANTITY
1	FW-1001 STEP-2	FW-1001 STEP-2	1
2	M16 flat washer	M16 flat washer	4
3	M16 spring washer	M16 spring washer	4
4	M16X80	cup head M16X80	4
5	R06-1186	Bar Ring	4
6	R03-1043	200 Bar set	4
7	R06-1046	50X100 square pad	6
8	M10X80	cup head M10X80	5
9	R21-1004	Lable	4
10	R20-1072	Cushion (short)	1
11	R20-1048	Cushion (long)	1
12	M10 flat washer	M10 flat washer	5